



A visual ergonomics message from Sparkle, the Christmas Angel

All that glitters is not gold
Bright light's not always glare.
Light adds sparkle, glamour, beauty
If the light is used with care.

You might say "I hate bright light.
It hurts my eyes, it makes me cry."
But make the light source small,
Add some background lighting¹.
Voila! It's Christmas sparkling!

If you get the balance wrong:
The room's too bright, the light source dim¹.
The beauty's gone, the room lacks life.
No Christmas sparkling.

Sparkle brings us visual joy.
A small shift in our perception
And a room looks brighter than it actually is^{2,3}.
Ah...Christmas sparkling!



*The next newsletter will be in
February 2020*

*Have a safe and happy festive
season and may your
Christmas be sparkling!*

References: 1. Akashi et al (2006) Lighting Research & Technology 38(4): 325-34
2. Akashi et al (2000) Lighting Research & Technology 32(1): 19-26 3. Akashi (1999) Architectural Lighting 1(7): 38-41

PLEASE CONTACT ME IF:

- You want to know more about the services I provide
- You have any suggestions for future newsletter topics
- You wish to be added to the mailing list.

Next Newsletter:

20/20 vision for 2020

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